

# Protein Pack

<b>Servings:</b>	1.00	<b>Category:</b>	Entree
<b>Serving Size:</b>	1.00 Serving	<b>HACCP Process:</b>	No Cook
<b>Meal Type:</b>	Lunch	<b>Recipe ID:</b>	R-35629

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHEESE COLBY JK CUBE IW 200-1Z LOL	1 Ounce	Basic Preparation Ready to eat.	680130
PEPPERONI SLCD 14-16/Z	14 Each	Basic Preparation THAW & USE. GREAT ON SALADS, IN SANDWICHES, ADDED TO CASSEROLE DISHES, ON BURGERS, IN ITALIAN FOOD & ESPECIALLY ON PIZZA.	729981
EGG HARD CKD PLD	1 Each	READY_TO_EAT Product is fully cooked and ready to eat. Do not heat.	219160
PRETZEL HEARTZELS	1 Package	READY_TO_EAT Ready to Eat	893711

## Preparation Instructions

Container- 200332

Lid- 366332

CCP: Hold for cold service at 41° F or lower.

## Meal Components

Amount Per Serving

<b>Meat/Meat Alternate</b>	3.000
<b>Grain</b>	1.000
<b>Fruit</b>	0.000
<b>DarkGreen</b>	0.000
<b>Red/Orange</b>	0.000
<b>OtherVeg</b>	0.000
<b>Beans, Peas, and Lentils</b>	0.000
<b>Starchy</b>	0.000

## Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving	
<b>Calories</b>	362.50
<b>Fat</b>	23.88g
<b>Saturated Fat</b>	9.88g
<b>Trans Fat</b>	0.00g
<b>Cholesterol</b>	211.25mg
<b>Sodium</b>	908.38mg
<b>Carbohydrates</b>	28.38g
<b>Fiber</b>	2.00g
<b>Total Sugar</b>	1.00g
<b>Added Sugar</b>	0.00g
<b>Protein</b>	20.25g
<b>Vitamin A</b> 0.00mcg	<b>Vitamin C</b> 0.00mg
<b>Calcium</b> 246.00mg	<b>Iron</b> 2.12mg

## Nutrition - Per 100g

No 100g Conversion Available