

# Cheese Sticks w/Marinara Sauce

<b>Servings:</b>	1.00	<b>Category:</b>	Entree
<b>Serving Size:</b>	6.00 Each	<b>HACCP Process:</b>	Same Day Service
<b>Meal Type:</b>	Lunch	<b>Recipe ID:</b>	R-32917
<b>School:</b>	Graves County Middle School		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
APTZR MOZZ STIX BRD R/F 8-3 FRM RCH	6 Each	<b>BAKE</b> Cooking Instructions: Keep frozen until ready to prepare. Due to differences in appliances, cooking times may vary and require adjustment. If cheese becomes visible, remove from heat. Caution - Product will be hot! <b>CONVECTION OVEN:</b> 1. Preheat oven to 350°F. 2. Arrange product in a single layer on lined baking sheet. 3. Bake for 9-10 minutes (full tray). If baking more than one tray, longer cooking time may be required.	143261
SAUCE MARINARA DIPN CUP	1 Each	<b>READY_TO_EAT</b> None	677721

## Preparation Instructions

Marinara- Heat Marinara Sauce in a pot and pour over pasta. Can also be used as a pizza sauce.

Ready to Eat

## Meal Components

Amount Per Serving

<b>Meat/Meat Alternate</b>	1.875
<b>Grain</b>	1.875
<b>Fruit</b>	0.000
<b>DarkGreen</b>	0.000
<b>Red/Orange</b>	0.500
<b>OtherVeg</b>	0.000
<b>Beans, Peas, and Lentils</b>	0.000
<b>Starchy</b>	0.000

## Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 6.00 Each

Amount Per Serving	
<b>Calories</b>	355.00
<b>Fat</b>	13.00g
<b>Saturated Fat</b>	3.75g
<b>Trans Fat</b>	0.00g
<b>Cholesterol</b>	15.00mg
<b>Sodium</b>	710.00mg
<b>Carbohydrates</b>	40.00g
<b>Fiber</b>	3.00g
<b>Total Sugar</b>	7.00g
<b>Added Sugar</b>	1.00g
<b>Protein</b>	20.50g
<b>Vitamin A</b> 0.00mcg	<b>Vitamin C</b> 0.00mg
<b>Calcium</b> 544.00mg	<b>Iron</b> 1.65mg

## Nutrition - Per 100g

No 100g Conversion Available