

# Chicken Caesar Wrap

<b>Servings:</b>	1.00	<b>Category:</b>	Entree
<b>Serving Size:</b>	1.00 Serving	<b>HACCP Process:</b>	Same Day Service
<b>Meal Type:</b>	Lunch	<b>Recipe ID:</b>	R-41762
<b>School:</b>	Central Elementary School		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHEESE PARM SHVD	1/4 Ounce	Ready to eat.	140560
CHIX BRST TNDR BRD WGRAIN 4.5Z 8-4#	2 Piece	Conventional Oven 20 min at 350 degrees F. Convection Oven 14 min at 350 degrees F	202490
TORTILLA FLOUR ULTRGR 8IN	1 Each	Ready to eat.	882700
DRESSING CAESAR REGAL	1 Tablespoon	READY_TO_EAT Open, pour and enjoy!	726079

## Preparation Instructions

Cook Chicken Strips

Place 2 strips on tortilla.

Top with .25 oz of parmesan cheese.

Top with with 1 tablespoon of caesar dressing.

Roll wrap and cut on the diagonal.

## Meal Components

Amount Per Serving

<b>Meat/Meat Alternate</b>	1.333
<b>Grain</b>	2.167
<b>Fruit</b>	0.000
<b>DarkGreen</b>	0.000
<b>Red/Orange</b>	0.000
<b>OtherVeg</b>	0.000
<b>Beans, Peas, and Lentils</b>	0.000
<b>Starchy</b>	0.000

## Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving	
<b>Calories</b>	409.17
<b>Fat</b>	18.67g
<b>Saturated Fat</b>	6.50g
<b>Trans Fat</b>	0.00g
<b>Cholesterol</b>	52.08mg
<b>Sodium</b>	648.67mg
<b>Carbohydrates</b>	39.83g
<b>Fiber</b>	5.33g
<b>Total Sugar</b>	2.00g
<b>Added Sugar</b>	0.00g**
<b>Protein</b>	22.42g
<b>Vitamin A</b> 0.00mcg**	<b>Vitamin C</b> 0.00mg**
<b>Calcium</b> 139.33mg	<b>Iron</b> 3.20mg

\*\*One or more nutritional components are missing from at least one item on this recipe.

## Nutrition - Per 100g

No 100g Conversion Available