

Jammer- SM

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	No Cook
Meal Type:	Breakfast	Recipe ID:	R-46308
School:	Central Elementary School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
SAND SOY BTR JAM WGRAIN IW	1 Each		630302

Preparation Instructions

Thaw and serve.

CCP: Hold for cold service at 41° F or lower.

Meal Components

Amount Per Serving

Meat/Meat Alternate	1.000
Grain	1.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving	
Calories	280.00
Fat	14.00g
Saturated Fat	3.00g
Trans Fat	0.00g
Cholesterol	0.00mg
Sodium	200.00mg
Carbohydrates	28.00g
Fiber	4.00g
Total Sugar	12.00g
Added Sugar	10.00g
Protein	9.00g
Vitamin A 0.00mcg	Vitamin C 0.00mg
Calcium 121.00mg	Iron 2.00mg

Nutrition - Per 100g

No 100g Conversion Available