

Trix Cereal- LG

| | | | |
|----------------------|---------------------------|-----------------------|---------|
| Servings: | 1.00 | Category: | Entree |
| Serving Size: | 1.00 Each | HACCP Process: | No Cook |
| Meal Type: | Breakfast | Recipe ID: | R-46307 |
| School: | Central Elementary School | | |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|---------------------|-------------|-------------------|------------|
| CEREAL TRIX R/S CUP | 1 Each | Ready to eat. | 383189 |

Preparation Instructions

Ready-To-Eat

CCP: Store at 50°F - 70°F.

Meal Components

Amount Per Serving

| | |
|---------------------------------|-------|
| Meat/Meat Alternate | 0.000 |
| Grain | 2.000 |
| Fruit | 0.000 |
| DarkGreen | 0.000 |
| Red/Orange | 0.000 |
| OtherVeg | 0.000 |
| Beans, Peas, and Lentils | 0.000 |
| Starchy | 0.000 |

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

| Amount Per Serving | |
|--------------------------|-------------------------|
| Calories | 220.00 |
| Fat | 3.00g |
| Saturated Fat | 0.50g |
| Trans Fat | 0.00g |
| Cholesterol | 0.00mg |
| Sodium | 320.00mg |
| Carbohydrates | 47.00g |
| Fiber | 3.00g |
| Total Sugar | 12.00g |
| Added Sugar | 12.00g |
| Protein | 3.00g |
| Vitamin A 0.00mcg | Vitamin C 0.00mg |
| Calcium 160.00mg | Iron 4.90mg |

Nutrition - Per 100g

No 100g Conversion Available