

Whole Potatoes

Servings:	1.00	Category:	Vegetable
Serving Size:	0.50 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-14832
School:	Central Elementary School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
POTATO WHL SMALL 100-120CT	1/2 Cup	Heat and serve	169501

Preparation Instructions

Heat and serve.

CCP: Heat to 135 F or higher.

CCP: Hold for hot service at 135° F or higher.

Meal Components

Amount Per Serving

Meat/Meat Alternate	0.000
Grain	0.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.500

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 0.50 Cup

Amount Per Serving			
Calories	44.78		
Fat	0.00g		
Saturated Fat	0.00g		
Trans Fat	0.00g		
Cholesterol	0.00mg		
Sodium	104.48mg		
Carbohydrates	10.45g		
Fiber	1.49g		
Total Sugar	0.00g		
Added Sugar	0.00g		
Protein	0.75g		
Vitamin A	0.00mcg	Vitamin C	0.00mg
Calcium	29.85mg	Iron	0.37mg

Nutrition - Per 100g

No 100g Conversion Available