

Fruit Plate

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-17346

Ingredients

Description	Measurement	Prep Instructions	DistPart #
YOGURT DANIMAL VAN N/F	1 Each	Ready To Eat	200612
CRACKER GLDFSH CINN	2 Package	Ready To Eat	194510
RAISIN SELECT 1.5Z BOXES	1 Package	READY_TO_EAT	544426
CHEESE STRING MOZZ	1 Ounce	Ready to Eat	347211

Preparation Instructions

Container- 578044

CCP: Hold for cold service at 41° F or lower.

Meal Components

Amount Per Serving

Meat/Meat Alternate	2.000
Grain	2.000
Fruit	0.500
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving	
Calories	432.50
Fat	15.00g
Saturated Fat	7.00g
Trans Fat	0.00g
Cholesterol	20.00mg
Sodium	432.50mg
Carbohydrates	59.75g
Fiber	2.50g
Total Sugar	31.25g
Added Sugar	5.00g**
Protein	13.25g
Vitamin A 0.00mcg**	Vitamin C 0.00mg**
Calcium 556.51mg	Iron 6.89mg

**One or more nutritional components are missing from at least one item on this recipe.

Nutrition - Per 100g

No 100g Conversion Available
