

Asian Rice

Servings:	1.00	Category:	Grain
Serving Size:	0.50 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-8437
School:	Central Elementary School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
RICE BRN ASIAN 6-26.4Z UBEN	1/2 Cup	STOVE TOP: COMBINE SEASONING PACKET AND RICE WITH WATER AS INDICATED ON PACKAGE INSTRUCTIONS. BRING TO A BOIL AND LET SIT OFF HEAT FOR 25 MINUTES. Marketing Tips	244541

Preparation Instructions

STOVE TOP: COMBINE SEASONING PACKET AND RICE WITH WATER AS INDICATED ON PACKAGE INSTRUCTIONS. BRING TO A BOIL AND LET SIT OFF HEAT FOR 25 MINUTES.

Marketing Tips

CCP: Heat to 135° F or higher.

CCP: Hold for hot service at 135° F or higher.

Meal Components

Amount Per Serving

Meat/Meat Alternate	0.000
Grain	1.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 0.50 Serving

Amount Per Serving			
Calories	105.00		
Fat	1.00g		
Saturated Fat	0.25g		
Trans Fat	0.00g		
Cholesterol	0.00mg		
Sodium	225.00mg		
Carbohydrates	21.00g		
Fiber	1.00g		
Total Sugar	1.50g		
Added Sugar	0.00g		
Protein	2.50g		
Vitamin A	0.00mcg	Vitamin C	0.00mg
Calcium	10.00mg	Iron	0.36mg

Nutrition - Per 100g

No 100g Conversion Available
