

Orange Wedges

Servings:	1.00	Category:	Fruit
Serving Size:	1.00 Serving	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-26348
School:	Central Elementary School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
Oranges CHL WEDGES 50/3 OZ PG- Graves County Schools	1 Package	READY_TO_EAT	17D67

Preparation Instructions

READY_TO_EAT

CCP: Hold for cold service at 41° F or lower.

Meal Components

Amount Per Serving

Meat/Meat Alternate	0.000
Grain	0.000
Fruit	0.500
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving	
Calories	63.00
Fat	0.30g
Saturated Fat	0.04g
Trans Fat	0.00g
Cholesterol	0.00mg
Sodium	2.00mg
Carbohydrates	15.50g
Fiber	4.50g
Total Sugar	0.00g
Added Sugar	0.00g
Protein	1.30g
Vitamin A 250.00mcg	Vitamin C 71.00mg
Calcium 70.00mg	Iron 0.80mg

Nutrition - Per 100g

No 100g Conversion Available