

Club Sandwich

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-35624

Ingredients

Description	Measurement	Prep Instructions	DistPart #
BUN SUB SLCD 6IN	1 Each	Thawing Instructions KEEP FROZEN - ALLOW 1 TO 2 HOURS AT ROOM TEMPERATURE BEFORE USING Basic Preparation READY TO USE AFTER THAWING.	219670
TURKEY BRST SLCD OVN RSTD	2 1/2 Ounce	Ready to eat.	344120
BACON CKD THN SLCD	1 Slice	Basic Preparation HEAT ON GRILL FOR 30 SECONDS PER SIDE MICROWAVE ON HIGH FOR 10 SECONDS PER STRIP BAKE IN OVEN FOR 1-2 MINUTES UNTIL DESIRED CRISPINESS	874124
CHEESE SLCD YEL	1 Slice	Ready to eat.	334450
HAM SMKD RND CLSC W/A	1 1/2 Ounce	Ready to eat.	179906

Preparation Instructions

Bacon- Basic Preparation

HEAT ON GRILL FOR 30 SECONDS PER SIDE MICROWAVE ON HIGH FOR 10 SECONDS PER STRIP BAKE IN OVEN FOR 1-2 MINUTES UNTIL DESIRED CRISPINESS

Meal Components

Amount Per Serving

Meat/Meat Alternate	4.192
Grain	1.750
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving	
Calories	328.33
Fat	10.50g
Saturated Fat	3.95g
Trans Fat	0.01g
Cholesterol	70.83mg
Sodium	1783.53mg
Carbohydrates	30.20g
Fiber	1.00g
Total Sugar	2.70g
Added Sugar	1.00g
Protein	29.63g
Vitamin A 0.00mcg	Vitamin C 0.00mg
Calcium 111.50mg	Iron 2.85mg

Nutrition - Per 100g

No 100g Conversion Available