

# Potato Wedges

<b>Servings:</b>	1.00	<b>Category:</b>	Vegetable
<b>Serving Size:</b>	0.50 Cup	<b>HACCP Process:</b>	Same Day Service
<b>Meal Type:</b>	Lunch	<b>Recipe ID:</b>	R-9237
<b>School:</b>	Central Elementary School		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
FRIES WEDGE SEAS	1/2 Cup	FRY 1.5 LBS AT 360 DEGREES F. FOR 3 MINUTES AND 15 SECONDS.	457558

## Preparation Instructions

FRY 1.5 LBS AT 360 DEGREES F. FOR 3 MINUTES AND 15 SECONDS.

CCP: Heat to 165° F or higher for at least 15 seconds.

CCP: Hold for hot service at 135° F or higher.

### Meal Components

Amount Per Serving

	Amount
Meat/Meat Alternate	0.000
Grain	0.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.500

### Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 0.50 Cup

Amount Per Serving			
Calories	124.36		
Fat	5.74g		
Saturated Fat	1.43g		
Trans Fat	0.00g		
Cholesterol	0.00mg		
Sodium	258.29mg		
Carbohydrates	17.22g		
Fiber	1.91g		
Total Sugar	0.96g		
Added Sugar	0.00g		
Protein	1.91g		
Vitamin A	0.00mcg	Vitamin C	0.00mg
Calcium	19.13mg	Iron	0.69mg

### Nutrition - Per 100g

No 100g Conversion Available