

Chicken Sandwich

Servings:	1.00	Category:	Entree
Serving Size:	0.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-8238
School:	Central Elementary School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIX BRST PTY BRD WGRAIN FC 3Z	1 Each	Prepare from frozen State Conventional oven: heat for 15 minutes at 375 degrees F. Convection oven: heat for 12 minutes at 375 degrees F. Appliances vary, adjust cook times accordingly. Marketing Tips	157582
BUN HAMB SLCD WHEAT WHL 4IN 10-12 GCHC	1 Each	Eat.Ready to	517810

Preparation Instructions

Chicken Patty-

Prepare from frozen State

Conventional oven: heat for 15 minutes at 375 degrees F. Convection oven: heat for 12 minutes at 375 degrees F. Appliances vary, adjust cook times accordingly.

Marketing Tips

Hamburger Bun-

Ready to Eat

CCP: Heat to 165° F or higher for at least 15 seconds.

CCP: Hold for hot service at 135° F or higher.

Meal Components

Amount Per Serving

Meat/Meat Alternate	2.000
Grain	2.750
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 0.00 Serving

Amount Per Serving			
Calories	350.00		
Fat	13.50g		
Saturated Fat	2.50g		
Trans Fat	0.00g		
Cholesterol	80.00mg		
Sodium	550.00mg		
Carbohydrates	39.00g		
Fiber	4.00g		
Total Sugar	4.00g		
Added Sugar	0.00g		
Protein	19.00g		
Vitamin A	0.00mcg	Vitamin C	0.00mg
Calcium	70.00mg	Iron	2.80mg

Nutrition - Per 100g

No 100g Conversion Available