

Chicken Roll

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Breakfast	Recipe ID:	R-17330

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIX BRST FLLT BRD WGRAIN CKD 2Z 4-5#	1 Each	Keep Frozen. Heating Instructions: Conventional Oven 14-16 minutes at 375 degrees F. Turn product after 6 minutes. Convection Oven: 13-15 minutes at 375 degrees F. Turn after 6 minutes. Fryer: 3 1/2 to 4 minutes at 350 degrees F.	747611
ROLL PRKRHSE PARBK	1 Each	OR BEST RESULTS USE CONVENTIONAL OVEN, PREHEATED TO 350 DEGREES F. BRUSH TOPS OF ROLLS WITH BUTTER OR CUSTOM TOPPING OF YOUR CHOICE. (SEE BELOW FOR SUGGESTIONS.) PLACE ROLLS ON BAKING SHEET ON MIDDLE RACK OF OVEN. BAKE 5 TO 10 MINUTES. (OPTION: 3-5 MINUTES IN CONVECTION OVEN.) FOR RECIPES, REFER TO WEBSITE: MARZETTI.COM/FOODSERVICE/PRODUCTS.PHP	494385

Preparation Instructions

No Preparation Instructions available.

Meal Components

Amount Per Serving

Component	Amount
Meat/Meat Alternate	1.000
Grain	2.500
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving			
Calories	280.00		
Fat	9.00g		
Saturated Fat	2.00g		
Trans Fat	0.00g		
Cholesterol	40.00mg		
Sodium	570.00mg		
Carbohydrates	35.00g		
Fiber	1.00g		
Total Sugar	6.00g		
Added Sugar	5.00g		
Protein	15.00g		
Vitamin A	0.00mcg	Vitamin C	0.00mg
Calcium	20.00mg	Iron	2.48mg

Nutrition - Per 100g

No 100g Conversion Available
