

Protein Pack

| | | | |
|----------------------|--------------|-----------------------|---------|
| Servings: | 1.00 | Category: | Entree |
| Serving Size: | 1.00 Serving | HACCP Process: | No Cook |
| Meal Type: | Lunch | Recipe ID: | R-35629 |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|------------------------------------|-------------|--|------------|
| CHEESE COLBY JK CUBE IW 200-1Z LOL | 1 Ounce | Basic Preparation Ready to eat. | 680130 |
| PEPPERONI SLCD 14-16/Z | 14 Each | Basic Preparation THAW & USE. GREAT ON SALADS, IN SANDWICHES, ADDED TO CASSEROLE DISHES, ON BURGERS, IN ITALIAN FOOD & ESPECIALLY ON PIZZA. | 729981 |
| EGG HARD CKD PLD | 1 Each | READY_TO_EAT Product is fully cooked and ready to eat. Do not heat. | 219160 |
| PRETZEL HEARTZELS | 1 Package | READY_TO_EAT Ready to Eat | 893711 |

Preparation Instructions

Container- 200332

Lid- 366332

CCP: Hold for cold service at 41° F or lower.

Meal Components

Amount Per Serving

| | |
|---------------------------------|-------|
| Meat/Meat Alternate | 3.000 |
| Grain | 1.000 |
| Fruit | 0.000 |
| DarkGreen | 0.000 |
| Red/Orange | 0.000 |
| OtherVeg | 0.000 |
| Beans, Peas, and Lentils | 0.000 |
| Starchy | 0.000 |

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

| Amount Per Serving | |
|--------------------------|-------------------------|
| Calories | 362.50 |
| Fat | 23.88g |
| Saturated Fat | 9.88g |
| Trans Fat | 0.00g |
| Cholesterol | 211.25mg |
| Sodium | 908.38mg |
| Carbohydrates | 28.38g |
| Fiber | 2.00g |
| Total Sugar | 1.00g |
| Added Sugar | 0.00g |
| Protein | 20.25g |
| Vitamin A 0.00mcg | Vitamin C 0.00mg |
| Calcium 246.00mg | Iron 2.12mg |

Nutrition - Per 100g

No 100g Conversion Available