

# Sausage Link & Biscuit Stick

|                      |                           |                       |         |
|----------------------|---------------------------|-----------------------|---------|
| <b>Servings:</b>     | 1.00                      | <b>Category:</b>      | Entree  |
| <b>Serving Size:</b> | 1.00 Serving              | <b>HACCP Process:</b> | No Cook |
| <b>Meal Type:</b>    | Breakfast                 | <b>Recipe ID:</b>     | R-39382 |
| <b>School:</b>       | Central Elementary School |                       |         |

## Ingredients

| Description                        | Measurement | Prep Instructions  | DistPart # |
|------------------------------------|-------------|--|------------|
| SAUSAGE LNK<br>BUFFET CRSE 16/#    | 1 Each      | BAKE OR GRILL TO AN INTERNAL TEMP OF 165 DEGREES F.  | 161100     |
| DOUGH BISC STICK<br>250-1.25Z RICH | 1 Each      | BAKE<br>Keep Pan frozen dough on paper lined sheet pan, approx. 2-3 inches apart. Bake until golden brown. Conventional Oven: 375 degrees F: 8-10 minutes. Convection Oven: 325 degrees F for 6-8 minutes. Bake times vary based on appliances - adjust accordingly. | 149070     |

## Preparation Instructions

No Preparation Instructions available.

### Meal Components

Amount Per Serving

|                          |       |
|--------------------------|-------|
| Meat/Meat Alternate      | 0.000 |
| Grain                    | 1.000 |
| Fruit                    | 0.000 |
| DarkGreen                | 0.000 |
| Red/Orange               | 0.000 |
| OtherVeg                 | 0.000 |
| Beans, Peas, and Lentils | 0.000 |
| Starchy                  | 0.000 |

### Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

| Amount Per Serving   |          |                  |        |
|----------------------|----------|------------------|--------|
| <b>Calories</b>      | 216.67   |                  |        |
| <b>Fat</b>           | 19.10g   |                  |        |
| <b>Saturated Fat</b> | 7.67g    |                  |        |
| <b>Trans Fat</b>     | 0.05g    |                  |        |
| <b>Cholesterol</b>   | 21.67mg  |                  |        |
| <b>Sodium</b>        | 313.33mg |                  |        |
| <b>Carbohydrates</b> | 13.67g   |                  |        |
| <b>Fiber</b>         | 0.30g    |                  |        |
| <b>Total Sugar</b>   | 1.33g    |                  |        |
| <b>Added Sugar</b>   | 0.00g    |                  |        |
| <b>Protein</b>       | 4.77g    |                  |        |
| <b>Vitamin A</b>     | 0.00mcg  | <b>Vitamin C</b> | 0.00mg |
| <b>Calcium</b>       | 29.32mg  | <b>Iron</b>      | 1.62mg |

## **Nutrition - Per 100g**

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No 100g Conversion Available

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