

# BBQ Sandwich

<b>Servings:</b>	1.00	<b>Category:</b>	Entree
<b>Serving Size:</b>	1.00 Each	<b>HACCP Process:</b>	Same Day Service
<b>Meal Type:</b>	Lunch	<b>Recipe ID:</b>	R-9236
<b>School:</b>	Central Elementary School		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
PORK PULLED BBQ LO SOD	4 Ounce	Prepare from frozen state. Bake at 350 degrees until internal temperature is 165 degrees.	498702
BUN HAMB SLCD WGRAIN WHT 4 10-12CT	1 Each	Ready to eat.	266546

## Preparation Instructions

BBQ-

Prepare from frozen state. Bake at 350 degrees until internal temperature is 165 degrees.

Bun-Ready to eat

CCP: Hold for hot service at 135° F or higher.

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4 ounce spoodle

## Meal Components

Amount Per Serving

<b>Meat/Meat Alternate</b>	2.000
<b>Grain</b>	2.000
<b>Fruit</b>	0.000
<b>DarkGreen</b>	0.000
<b>Red/Orange</b>	0.000
<b>OtherVeg</b>	0.000
<b>Beans, Peas, and Lentils</b>	0.000
<b>Starchy</b>	0.000

## Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving	
<b>Calories</b>	449.00
<b>Fat</b>	19.00g
<b>Saturated Fat</b>	6.50g
<b>Trans Fat</b>	0.00g
<b>Cholesterol</b>	71.00mg
<b>Sodium</b>	473.00mg
<b>Carbohydrates</b>	42.00g
<b>Fiber</b>	3.00g
<b>Total Sugar</b>	20.00g
<b>Added Sugar</b>	3.00g
<b>Protein</b>	23.00g
<b>Vitamin A</b> 1650.00mcg	<b>Vitamin C</b> 0.00mg
<b>Calcium</b> 110.00mg	<b>Iron</b> 5.06mg

## Nutrition - Per 100g

No 100g Conversion Available