

Chicken Caesar Wrap

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-41762
School:	Central Elementary School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHEESE PARM SHVD	1/4 Ounce	Ready to eat.	140560
CHIX BRST TNDR BRD WGRAIN 4.5Z 8-4#	2 Piece	Conventional Oven 20 min at 350 degrees F. Convection Oven 14 min at 350 degrees F	202490
TORTILLA FLOUR ULTRGR 8IN	1 Each	Ready to eat.	882700
DRESSING CAESAR REGAL	1 Tablespoon	READY_TO_EAT Open, pour and enjoy!	726079

Preparation Instructions

Cook Chicken Strips

Place 2 strips on tortilla.

Top with .25 oz of parmesan cheese.

Top with with 1 tablespoon of caesar dressing.

Roll wrap and cut on the diagonal.

Meal Components

Amount Per Serving

Meat/Meat Alternate	1.333
Grain	2.167
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving	
Calories	409.17
Fat	18.67g
Saturated Fat	6.50g
Trans Fat	0.00g
Cholesterol	52.08mg
Sodium	648.67mg
Carbohydrates	39.83g
Fiber	5.33g
Total Sugar	2.00g
Added Sugar	0.00g**
Protein	22.42g
Vitamin A 0.00mcg**	Vitamin C 0.00mg**
Calcium 139.33mg	Iron 3.20mg

**One or more nutritional components are missing from at least one item on this recipe.

Nutrition - Per 100g

No 100g Conversion Available