

Green Beans

Servings:	1.00	Category:	Vegetable
Serving Size:	0.50 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-8452
School:	Central Elementary School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
BEAN GREEN CUT MXD SV	1/2 Cup	Heat to 165 degrees.	273856
SPICE PEPR BLK REG FINE GRIND	0 Cup	Ready To Eat	225037
BASE HAM NO ADDED MSG	0 Cup	READY_TO_EAT Prepare as directed.	686691

Preparation Instructions

Heat to 165 degrees.

Optional- Onion Flakes- #513997- 1/8 tsp.

CCP: Heat to 165° F or higher for at least 15 seconds.

CCP: Hold for hot service at 135° F or higher.

Meal Components

Amount Per Serving

Meat/Meat Alternate	0.000
Grain	0.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.500
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 0.50 Cup

Amount Per Serving	
Calories	20.03
Fat	0.00g
Saturated Fat	0.00g
Trans Fat	0.00g
Cholesterol	0.00mg
Sodium	221.25mg
Carbohydrates	3.00g
Fiber	2.00g
Total Sugar	1.00g
Added Sugar	0.00g
Protein	1.00g
Vitamin A 0.00mcg	Vitamin C 0.00mg
Calcium 23.00mg	Iron 0.38mg

Nutrition - Per 100g

No 100g Conversion Available
