

Walking Beef Taco

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-9238
School:	Central Elementary School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
TACO FILLING BEEF REDC FAT 6-5 COMM	4 Ounce	Thaw product for 3 days. Place sealed bags in a steamer or in boiling water. Heat approximately 30 minutes or until it reaches 165 degrees.	722330
CHIP NACHO CHS R/F TOP N GO	1 Each	Ready To Eat	815803

Preparation Instructions

Thaw product for 3 days. Place sealed bags in a steamer or in boiling water. Heat approximately 30 minutes or until it reaches 165 degrees.

CCP: Heat to 165° F or higher for at least 15 seconds.

CCP: Hold for hot service at 135° F or higher.

4 ounce spoodle

Meal Components

Amount Per Serving

Meat/Meat Alternate	2.524
Grain	2.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving	
Calories	333.85
Fat	13.31g
Saturated Fat	3.27g
Trans Fat	0.00g
Cholesterol	42.90mg
Sodium	573.50mg
Carbohydrates	33.31g
Fiber	5.52g
Total Sugar	2.52g
Added Sugar	0.00g
Protein	19.40g
Vitamin A 0.00mcg	Vitamin C 0.00mg
Calcium 126.78mg	Iron 1.66mg

Nutrition - Per 100g

No 100g Conversion Available