

Banana Split

Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Breakfast	Recipe ID:	R-12880

Ingredients

Description	Measurement	Prep Instructions	DistPart #
YOGURT VAN L/F PARFPR	1/2 Cup	READY_TO_EAT Ready to use with pouch & serving tip.	811500
BANANA GREEN	1/2 Each	Ready to eat	686503
PINEAPPLE TIDBITS IN JCE	1/8 Cup	Ready to eat	189979
CEREAL GRANOLA TSTD OAT	1 Ounce	READY_TO_EAT Ready to eat dry cereal packaged for cereal dispensers	711664
STRAWBERRY DCD 1/2IN IQF	1/8 Cup	READY_TO_EAT Ready to Eat	621420

Preparation Instructions

Yogurt

READY_TO_EAT

Ready to use with pouch & serving tip.

Banana

Ready to eat

Strawberries

Thaw in refrigerator

Ready to eat

Pineapples

Ready to eat

Granola

READY_TO_EAT

Container-

CCP: Hold for cold service at 41° F or lower.

Meal Components

Amount Per Serving

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Meat/Meat Alternate	1.119
Grain	0.520
Fruit	0.260
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

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Amount Per Serving	
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Calories	216.83
Fat	3.29g
Saturated Fat	0.68g
Trans Fat	0.00g
Cholesterol	3.73mg
Sodium	109.70mg
Carbohydrates	53.40g
Fiber	2.72g
Total Sugar	24.05g
Added Sugar	16.33g
Protein	5.55g
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Vitamin A 37.76mcg	Vitamin C 5.14mg
Calcium 139.10mg	Iron 0.80mg

Nutrition - Per 100g

No 100g Conversion Available
