

# Bacon Tornado



<b>Servings:</b>	1.00	<b>Category:</b>	Entree
<b>Serving Size:</b>	1.00 Serving	<b>HACCP Process:</b>	Same Day Service
<b>Meal Type:</b>	Breakfast	<b>Recipe ID:</b>	R-10082
<b>School:</b>	Central Elementary School		

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
TORNADOS EGG BAC CHS SALSA 3Z	1 Each	Preheat oven to 350 degrees F. Place tornado on cooking sheet lined with parchment paper. Place in preheated oven for 25 minutes until 161 degrees is achieved. Check the temperature and if necessary continue cooking until 161 degrees is reached.	149311

## Preparation Instructions

Preheat oven to 350 degrees F. Place tornado on cooking sheet lined with parchment paper. Place in preheated oven for 25 minutes until 161 degrees is achieved. Check the temperature and if necessary continue cooking until 161 degrees is reached.

CCP: Heat to 165° F or higher for at least 15 seconds.

CCP: Hold for hot service at 135° F or higher.

## Meal Components

Amount Per Serving

<b>Meat/Meat Alternate</b>	0.000
<b>Grain</b>	1.000
<b>Fruit</b>	0.000
<b>DarkGreen</b>	0.000
<b>Red/Orange</b>	0.000
<b>OtherVeg</b>	0.000
<b>Beans, Peas, and Lentils</b>	0.000
<b>Starchy</b>	0.000

## Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving	
<b>Calories</b>	180.00
<b>Fat</b>	7.00g
<b>Saturated Fat</b>	2.00g
<b>Trans Fat</b>	0.00g
<b>Cholesterol</b>	35.00mg
<b>Sodium</b>	300.00mg
<b>Carbohydrates</b>	23.00g
<b>Fiber</b>	1.00g
<b>Total Sugar</b>	1.00g
<b>Added Sugar</b>	0.00g
<b>Protein</b>	6.00g
<b>Vitamin A</b> 200.00mcg	<b>Vitamin C</b> 0.00mg
<b>Calcium</b> 40.00mg	<b>Iron</b> 1.44mg

## Nutrition - Per 100g

No 100g Conversion Available