

Whole Potatoes



Servings:	1.00	Category:	Vegetable
Serving Size:	0.50 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-14832
School:	Central Elementary School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
POTATO WHL SMALL 100-120CT	1/2 Cup	Heat and serve	169501

Preparation Instructions

Heat and serve.

CCP: Heat to 135 F or higher.

CCP: Hold for hot service at 135° F or higher.

Meal Components

Amount Per Serving

Meat/Meat Alternate	0.000
Grain	0.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.500

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 0.50 Cup

Amount Per Serving	
Calories	44.78
Fat	0.00g
Saturated Fat	0.00g
Trans Fat	0.00g
Cholesterol	0.00mg
Sodium	104.48mg
Carbohydrates	10.45g
Fiber	1.49g
Total Sugar	0.00g
Added Sugar	0.00g
Protein	0.75g
Vitamin A 0.00mcg	Vitamin C 0.00mg
Calcium 29.85mg	Iron 0.37mg

Nutrition - Per 100g

No 100g Conversion Available