

Caesar Side Salad



Servings:	1.00	Category:	Vegetable
Serving Size:	1.00 Cup	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-17347

Ingredients

Description	Measurement	Prep Instructions	DistPart #
Lettuce CHL Romaine Chol 6/2 LB BG- Graves County Schools	1 Cup	READY_TO_EAT	15D44
CHEESE PARM SHVD	1/4 Ounce	Ready To Eat	140560
DRESSING CAESAR CARDINI	1 Tablespoon	Ready to eat	776866

Preparation Instructions

Ready To Eat

Mixed the following ingredients together and place 1.25 cups in a _____ oz. bowl.

Romaine, Parmesan Cheese, Croutons and Caesar Dressing

CCP: Hold for cold service at 41° F or lower.

8 ounce spoodle

Croutons- 544514 (1 TBSP)

Meal Components

Amount Per Serving

Meat/Meat Alternate	0.000
Grain	0.000
Fruit	0.000
DarkGreen	0.500
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Cup

Amount Per Serving	
Calories	115.49
Fat	10.50g
Saturated Fat	2.50g
Trans Fat	0.00g
Cholesterol	21.25mg
Sodium	188.76mg
Carbohydrates	2.05g
Fiber	1.00g
Total Sugar	0.56g
Added Sugar	0.00g
Protein	3.33g
Vitamin A 4090.00mcg	Vitamin C 1.88mg
Calcium 82.00mg	Iron 0.46mg

Nutrition - Per 100g

No 100g Conversion Available