

Cavatappi



| | | | |
|----------------------|--------------|-----------------------|------------------|
| Servings: | 1.00 | Category: | Entree |
| Serving Size: | 1.00 Serving | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-17410 |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|-----------------------------|-------------|---|------------|
| ENTREE MACAR & 3CHS 6-5 JTM | 6 Ounce | KEEP FROZEN Place sealed bag in a steamer or in boiling water. Heat Approximately 45 minutes or until product reaches serving temperature. CAUTION: Open bag carefully to avoid being burned. | 149193 |

Preparation Instructions

KEEP FROZEN Place sealed bag in a steamer or in boiling water. Heat Approximately 45 minutes or until product reaches serving temperature. CAUTION: Open bag carefully to avoid being burned.

CCP: Heat to 165° F or higher for at least 15 seconds.

CCP: Hold for hot service at 135° F or higher.

Meal Components

Amount Per Serving

| | |
|---------------------------------|-------|
| Meat/Meat Alternate | 2.000 |
| Grain | 1.000 |
| Fruit | 0.000 |
| DarkGreen | 0.000 |
| Red/Orange | 0.000 |
| OtherVeg | 0.000 |
| Beans, Peas, and Lentils | 0.000 |
| Starchy | 0.000 |

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

| Amount Per Serving | |
|----------------------------|-------------------------|
| Calories | 314.00 |
| Fat | 16.00g |
| Saturated Fat | 8.70g |
| Trans Fat | 0.00g |
| Cholesterol | 50.00mg |
| Sodium | 801.00mg |
| Carbohydrates | 28.00g |
| Fiber | 2.00g |
| Total Sugar | 3.00g |
| Added Sugar | 0.00g |
| Protein | 17.00g |
| Vitamin A 616.00mcg | Vitamin C 0.00mg |
| Calcium 384.00mg | Iron 1.00mg |

Nutrition - Per 100g

No 100g Conversion Available