

Chicken N' A Box



| | | | |
|----------------------|---------------------------|-----------------------|------------------|
| Servings: | 1.00 | Category: | Entree |
| Serving Size: | 1.00 Serving | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-20966 |
| School: | Central Elementary School | | |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|-----------------------------------|-------------|--|------------|
| CHIX BRST CHNK BRD WGRAIN 4-5# | 4 Each | Bake for 12-14 minutes at 375 degrees. Turn the product after 6 minutes. Continue to cook until internal temperatures reaches 165 degrees. | 747651 |

Preparation Instructions

Bake for 12-14 minutes at 375 degrees. Turn the product after 6 minutes. Continue to cook until internal temperatures reaches 165 degrees.

CCP: Heat to 165° F or higher for at least 15 seconds.

CCP: Hold for hot service at 135° F or higher.

Meal Components

Amount Per Serving

| | |
|---------------------------------|-------|
| Meat/Meat Alternate | 2.000 |
| Grain | 1.250 |
| Fruit | 0.000 |
| DarkGreen | 0.000 |
| Red/Orange | 0.000 |
| OtherVeg | 0.000 |
| Beans, Peas, and Lentils | 0.000 |
| Starchy | 0.000 |

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

| Amount Per Serving | |
|--------------------------|-------------------------|
| Calories | 210.00 |
| Fat | 6.00g |
| Saturated Fat | 1.00g |
| Trans Fat | 0.00g |
| Cholesterol | 50.00mg |
| Sodium | 500.00mg |
| Carbohydrates | 19.00g |
| Fiber | 0.00g |
| Total Sugar | 0.00g |
| Added Sugar | 0.00g |
| Protein | 19.00g |
| Vitamin A 0.00mcg | Vitamin C 0.00mg |
| Calcium 17.00mg | Iron 2.00mg |

Nutrition - Per 100g

No 100g Conversion Available