

Chicken Caesar Salad



Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-20954
School:	Central Elementary School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
Lettuce CHL Romaine Chol 6/2 LB BG- Graves County Schools	2 Cup	READY_TO_EAT	15D44
CHIX BRST STRP FC LRG	2 1/4 Ounce	FULLY COOKED, HEAT AND SERVE	219011
CHEESE PARM SHVD	1 Ounce	Ready To Eat	140560
CRACKER GLDFSH WGRAIN COLOR	1 Package	READY_TO_EAT Ready to Enjoy	112702

Description	Measurement	Prep Instructions	DistPart#
CROUTON CHS GARL WGRAIN	2 Package	Ready To Eat	661022

Preparation Instructions

Container Number- 108301

Place romaine lettuce in a clear container. Place chicken and parmesan on top of romaine lettuce. Place two packages of croutons and one package of Gold Fish.

CCP: Hold for cold service at 41° F or lower.

Meal Components

Amount Per Serving

Meat/Meat Alternate	2.000
Grain	2.000
Fruit	0.000
DarkGreen	1.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving	
Calories	428.48
Fat	17.00g
Saturated Fat	5.88g
Trans Fat	0.00g
Cholesterol	81.25mg
Sodium	987.52mg
Carbohydrates	36.60g
Fiber	3.00g
Total Sugar	3.12g
Added Sugar	2.00g
Protein	32.66g
Vitamin A 8180.00mcg	Vitamin C 3.76mg
Calcium 315.00mg	Iron 3.64mg

Nutrition - Per 100g

No 100g Conversion Available