

Honey Bun



Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	No Cook
Meal Type:	Breakfast	Recipe ID:	R-28007
School:	Central Elementary School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
BUN HONEY IW 36-3Z EARLY FRSH	1 Each	Thaw and Serve	449967

Preparation Instructions

Thaw and serve.

CCP: Store at 50°F - 70°F.

Meal Components

Amount Per Serving

Meat/Meat Alternate	0.000
Grain	2.250
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving	
Calories	350.00
Fat	19.00g
Saturated Fat	10.00g
Trans Fat	0.00g
Cholesterol	0.00mg
Sodium	270.00mg
Carbohydrates	42.00g
Fiber	2.00g
Total Sugar	18.00g
Added Sugar	0.00g
Protein	4.00g
Vitamin A 0.00mcg	Vitamin C 0.00mg
Calcium 96.00mg	Iron 2.20mg

Nutrition - Per 100g

No 100g Conversion Available