

Chicken Penne Alfredo



Servings:	1.00	Category:	Entree
Serving Size:	8.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-30666
School:	Central Elementary School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
ENTREE PENNE W/ALFREDO SCE	6 Ounce	Place sealed bag in a steamer or in boiling water. Heat Approximately 45 minutes or until product reaches serving temperature. CAUTION: Open bag carefully to avoid being burned.	491074
CHIX CKD SHRD WHI IQF	1 Ounce	READY TO USE. ONLY NEED TO THAW PRIOR TO SERVING. HOWEVER, FROZEN PRODUCT MAY BE ADDED TO RECIPE AND THEN 1) WARMED OR COOKED, OR 2) ALLOWED TO THAW OVERNIGHT IN REFRIGERATOR (EXAMPLE: WALDORF CHICKEN SALAD)	617760

Preparation Instructions

Penne Alfredo

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Chicken

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CCP: Heat to 165° F or higher for at least 15 seconds.

CCP: Hold for hot service at 135° F or higher.

Meal Components

Amount Per Serving

Meat/Meat Alternate	3.000
Grain	1.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 8.00 Serving

Amount Per Serving	
Calories	343.60
Fat	12.87g
Saturated Fat	7.33g
Trans Fat	0.06g
Cholesterol	54.67mg
Sodium	717.07mg
Carbohydrates	31.00g
Fiber	0.10g
Total Sugar	8.00g
Added Sugar	0.00g
Protein	25.70g
Vitamin A 0.00mcg	Vitamin C 0.00mg
Calcium 401.16mg	Iron 1.38mg

Nutrition - Per 100g

No 100g Conversion Available