

Bacon, Egg & Cheese Croissant



Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Breakfast	Recipe ID:	R-35561
School:	Central Elementary School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
EGG OMELET SKLLT CHS	1/2 Each	BAKE For best results reheat product from fully thawed state. Line sheet trays with pan liner or non-stick spray. Place product on sheet trays and cover with foil before placing in oven. Preheat oven to 350F. Cook thawed product for approx. 10 minutes. Cook frozen product for approx. 20 minutes.	728460
BACON CKD THN SLCD	1 Slice	Bacon Standard Prep: Place bacon on sheet pan. Heating time 7-9 minutes for full sheet pan in 350 F convection oven.	874124
CROISSANT BKD PLN MARG SLCD	1 Each	BAKE Standard Prep: Thaw to room temperature and serve. THAW Baked croissants require limited preparation, just thaw and serve.	120872

Preparation Instructions

Croissant

Standard Prep: Thaw to room temperature and serve. Baked croissants require limited preparation, just thaw and serve.

Bacon

Standard Prep: Place bacon on sheet pan. Heating time 7-9 minutes for full sheet pan in 350 F convection oven.

Egg Omelet

BAKE

For best results reheat product from fully thawed state. Line sheet trays with pan liner or non-stick spray. Place product on sheet trays and cover with foil before placing in oven. Preheat oven to 350F. Cook thawed product for approx. 10 minutes. Cook frozen product for approx. 20 minutes.

CCP: Heat to 165° F or higher for at least 15 seconds.

CCP: Hold for hot service at 135° F or higher.

Meal Components

Amount Per Serving

Meat/Meat Alternate	1.167
Grain	2.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving			
Calories	353.33		
Fat	18.40g		
Saturated Fat	8.20g		
Trans Fat	0.01g		
Cholesterol	138.33mg		
Sodium	533.53mg		
Carbohydrates	33.00g		
Fiber	1.10g		
Total Sugar	5.50g		
Added Sugar	4.00g		
Protein	12.93g		
Vitamin A	0.00mcg	Vitamin C	0.00mg
Calcium	78.50mg	Iron	2.26mg

Nutrition - Per 100g

No 100g Conversion Available