

Cocoa Yogurt Parfait



| | | | |
|----------------------|--------------|-----------------------|------------------|
| Servings: | 1.00 | Category: | Entree |
| Serving Size: | 1.00 Serving | HACCP Process: | Same Day Service |
| Meal Type: | Breakfast | Recipe ID: | R-35597 |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|---------------------------|--------------|--|------------|
| YOGURT VAN L/F PARFPR | 4 Ounce | READY_TO_EAT Ready to use with pouch & serving tip. | 811500 |
| Cocoa | 1 Tablespoon | Ready To Eat | 269654 |
| CEREAL COCOA PUFFS | 1 Ounce | Ready To Eat | 130745 |
| non dairy whipped topping | 2 Tablespoon | THAW | |
| SYRUP CHOC | 1 Tablespoon | | 199133 |

Preparation Instructions

Layer-

Yogurt

Cocoa Puffs

On Top

Chocolate Syrup

Clear Container- 792220

CCP- Hold for cold service at 41° or lower.

Meal Components

Amount Per Serving

| | |
|---------------------------------|-------|
| Meat/Meat Alternate | 1.119 |
| Grain | 1.563 |
| Fruit | 0.000 |
| DarkGreen | 0.000 |
| Red/Orange | 0.000 |
| OtherVeg | 0.000 |
| Beans, Peas, and Lentils | 0.000 |
| Starchy | 0.000 |

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

| Amount Per Serving | |
|--------------------------|-------------------------|
| Calories | 363.58 |
| Fat | 3.85g |
| Saturated Fat | 0.97g |
| Trans Fat | 0.00g |
| Cholesterol | 3.73mg |
| Sodium | 234.00mg |
| Carbohydrates | 86.38g |
| Fiber | 2.90g |
| Total Sugar | 45.71g |
| Added Sugar | 27.69g |
| Protein | 7.53g |
| Vitamin A 0.00mcg | Vitamin C 0.00mg |
| Calcium 307.14mg | Iron 12.85mg |

Nutrition - Per 100g

No 100g Conversion Available