

Sausage Link & Biscuit Stick



Servings:	1.00	Category:	Entree
Serving Size:	1.00 Serving	HACCP Process:	No Cook
Meal Type:	Breakfast	Recipe ID:	R-39382
School:	Central Elementary School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
SAUSAGE LNK BUFFET CRSE 16/#	1 Each	BAKE OR GRILL TO AN INTERNAL TEMP OF 165 DEGREES F.	161100
DOUGH BISC STICK 250-1.25Z RICH	1 Each	BAKE Keep Pan frozen dough on paper lined sheet pan, approx. 2-3 inches apart. Bake until golden brown. Conventional Oven: 375 degrees F: 8-10 minutes. Convection Oven: 325 degrees F for 6-8 minutes. Bake times vary based on appliances - adjust accordingly.	149070

Preparation Instructions

No Preparation Instructions available.

Meal Components

Amount Per Serving

Meat/Meat Alternate	0.000
Grain	1.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

Amount Per Serving	
Calories	216.67
Fat	19.10g
Saturated Fat	7.67g
Trans Fat	0.05g
Cholesterol	21.67mg
Sodium	313.33mg
Carbohydrates	13.67g
Fiber	0.30g
Total Sugar	1.33g
Added Sugar	0.00g
Protein	4.77g
Vitamin A 0.00mcg	Vitamin C 0.00mg
Calcium 29.32mg	Iron 1.62mg

Nutrition - Per 100g

No 100g Conversion Available