

Chicken Casserole



Servings:	8.00	Category:	Entree
Serving Size:	8.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-39414
School:	Central Elementary School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
MARGARINE LIQUID	12 Tablespoon	READY_TO_EAT This ready-to-use.	266965
CRACKER RITZ	2 Package	Ready To Use	426962
CHIX CKD SHRD WHT IQF	5 Cup	Ready To Use	617760
SOUP CRM OF CHIX	21 Ounce	Ready To Use	695513
SOUR CREAM	1 Cup	Ready To Use	285218

Preparation Instructions

Preheat oven to 350 degrees.

Whisk together sour cream, cream of chicken soup and chicken.

Place mix in greased pan.

Combine crackers and margarine and top casserole with crumb mixture.

Bake for 20- 25 minutes, or until filling is hot and bubbly.

Try an 8 oz spoodle.

Meal Components

Amount Per Serving

Meat/Meat Alternate	3.750
Grain	0.063
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 8.00

Serving Size: 8.00 Serving

Amount Per Serving	
Calories	411.31
Fat	24.62g
Saturated Fat	7.41g
Trans Fat	0.00g
Cholesterol	96.09mg
Sodium	657.75mg
Carbohydrates	10.88g
Fiber	0.00g
Total Sugar	3.44g
Added Sugar	0.00g
Protein	36.19g
Vitamin A 328.13mcg	Vitamin C 0.00mg
Calcium 56.58mg	Iron 0.53mg

Nutrition - Per 100g

No 100g Conversion Available