

Strawberry Smoothie w/Vanilla Goldfish



Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Breakfast	Recipe ID:	R-52410

Ingredients

Description	Measurement	Prep Instructions	DistPart #
YOGURT VAN L/F PARFPR	4 Ounce	READY_TO_EAT Ready to use with pouch & serving tip.	811500
STRAWBERRY SLCD 4+1	1/2 Cup	Thaw	293393
MILK WHT FF	1 Cup	Ready to Drink	557862
CRACKER GLDFSH GRHM VAN	1 Each	READY_TO_EAT Ready to Enjoy	198472

Preparation Instructions

Smoothie Cup- 672292 (20 oz) or 672312 (16 oz)

Smoothie Lid- 792210

Straw- 705980

18 oz. Smoothie

1. Place all ingredients in container. Add ice to increase volume and creaminess if needed.
2. Pulse with immersion blender until smooth.
3. Pour into appropriate - sized cups.

CCP: Refrigerate until service.

CCP: Hold for cold service below 41 F or lower.

Donut Holes-

Basic Preparation

Thaw and serve.

Meal Components

Amount Per Serving

Amount Per Serving	
Meat/Meat Alternate	1.000
Grain	1.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving	
Calories	357.93
Fat	4.95g
Saturated Fat	1.47g
Trans Fat	0.00g
Cholesterol	8.73mg
Sodium	257.60mg
Carbohydrates	73.13g
Fiber	2.00g
Total Sugar	42.71g
Added Sugar	26.69g
Protein	14.03g
Vitamin A 499.80mcg	Vitamin C 0.00mg
Calcium 442.23mg	Iron 0.57mg

Nutrition - Per 100g

No 100g Conversion Available