

Green Peas



Servings:	1.00	Category:	Vegetable
Serving Size:	0.50 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-8460
School:	Central Elementary School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
PEAS SWT MXD SV	1/2 Cup	Heat to 165 degrees.	256935
BUTTER SUB	1/2 Teaspoon	Ready To Eat	209810
SALT IODIZED	1/4 Teaspoon	Ready To Eat	350732
SPICE PEPR BLK REG FINE GRIND	1/8 Teaspoon	Ready To Eat	225037

Preparation Instructions

Heat to 165 degrees.

CCP: Heat to 165° F or higher for at least 15 seconds.

CCP: Hold for hot service at 135° F or higher.

Meal Components

Amount Per Serving

Meat/Meat Alternate	0.000
Grain	0.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.500

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 0.50 Cup

Amount Per Serving	
Calories	71.17
Fat	0.50g
Saturated Fat	0.00g
Trans Fat	0.00g
Cholesterol	0.00mg
Sodium	740.00mg
Carbohydrates	12.33g
Fiber	3.00g
Total Sugar	6.00g
Added Sugar	2.00g
Protein	4.00g
Vitamin A 0.00mcg	Vitamin C 0.00mg
Calcium 25.00mg	Iron 1.40mg

Nutrition - Per 100g

No 100g Conversion Available