

Potato Wedges



Servings:	1.00	Category:	Vegetable
Serving Size:	0.50 Cup	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-9237
School:	Central Elementary School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
FRIES WEDGE SEAS	1/2 Cup	FRY 1.5 LBS AT 360 DEGREES F. FOR 3 MINUTES AND 15 SECONDS.	457558

Preparation Instructions

FRY 1.5 LBS AT 360 DEGREES F. FOR 3 MINUTES AND 15 SECONDS.

CCP: Heat to 165° F or higher for at least 15 seconds.

CCP: Hold for hot service at 135° F or higher.

Meal Components

Amount Per Serving

Meat/Meat Alternate	0.000
Grain	0.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.500

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 0.50 Cup

Amount Per Serving	
Calories	124.36
Fat	5.74g
Saturated Fat	1.43g
Trans Fat	0.00g
Cholesterol	0.00mg
Sodium	258.29mg
Carbohydrates	17.22g
Fiber	1.91g
Total Sugar	0.96g
Added Sugar	0.00g
Protein	1.91g
Vitamin A 0.00mcg	Vitamin C 0.00mg
Calcium 19.13mg	Iron 0.69mg

Nutrition - Per 100g

No 100g Conversion Available