

# French Toast Bites



<b>Servings:</b>	1.00	<b>Category:</b>	Entree
<b>Serving Size:</b>	6.00 Each	<b>HACCP Process:</b>	Same Day Service
<b>Meal Type:</b>	Breakfast	<b>Recipe ID:</b>	R-9844

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
FRENCH TST BITES WGRAIN	6 Each	Thaw at room temp. for 30-60 minutes. Heat in oven at 375 degrees for 2-3 minutes. Roll in granulated sugar immediately, or ice when cool.	391073

## Preparation Instructions

Thaw at room temp. for 30-60 minutes. Heat in oven at 375 degrees for 2-3 minutes. Roll in granulated sugar immediately, or ice when cool.

CCP: Heat to 165° F or higher for at least 15 seconds.

CCP: Hold for hot service at 135° F or higher.

## Meal Components

Amount Per Serving

<b>Meat/Meat Alternate</b>	0.000
<b>Grain</b>	2.000
<b>Fruit</b>	0.000
<b>DarkGreen</b>	0.000
<b>Red/Orange</b>	0.000
<b>OtherVeg</b>	0.000
<b>Beans, Peas, and Lentils</b>	0.000
<b>Starchy</b>	0.000

## Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 6.00 Each

Amount Per Serving	
<b>Calories</b>	379.50
<b>Fat</b>	24.00g
<b>Saturated Fat</b>	9.99g
<b>Trans Fat</b>	0.00g
<b>Cholesterol</b>	39.99mg
<b>Sodium</b>	540.00mg
<b>Carbohydrates</b>	38.00g
<b>Fiber</b>	2.00g
<b>Total Sugar</b>	13.95g
<b>Added Sugar</b>	10.50g
<b>Protein</b>	3.99g
<b>Vitamin A</b> 0.00mcg	<b>Vitamin C</b> 0.00mg
<b>Calcium</b> 16.86mg	<b>Iron</b> 1.86mg

## Nutrition - Per 100g

No 100g Conversion Available