

Cheeseburger



Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-8241
School:	Central Elementary School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
BEEF PTY FLAMEBR	1 Each	BAKE From thawed state: sleeve pack preparation, put a few small holes in top of bag. Place entire bag intact on sheet pan in preheated convection oven at 375 degrees f for 45 minutes. Remove from oven and let stand 3 minutes before opening bag.	205030
CHEESE SLCD YEL	1 Slice	Ready to eat.	334450
BUN HAMB SLCD WGRAIN WHT 4 10- 12CT	1 Gram	Ready to Eat	266546

Preparation Instructions

Hamburger-Preparation Method:

Convection Oven: From thawed state: sleeve pack preparation, put a few small holes in top of bag. Place entire bag intact on sheet pan in preheated convection oven at 375 degrees f for 45 minutes. Remove from oven and let stand 3 minutes before opening bag.

Bun-

Ready to eat

Cheese-

Ready to Eat

Another option- 499786

CCP: Heat to 165° F or higher for at least 15 seconds.

CCP: Hold for hot service at 135° F or higher.

Meal Components

Amount Per Serving

Meat/Meat Alternate	2.750
Grain	2.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving	
Calories	335.00
Fat	14.50g
Saturated Fat	6.50g
Trans Fat	0.50g
Cholesterol	47.50mg
Sodium	625.00mg
Carbohydrates	27.00g
Fiber	4.00g
Total Sugar	4.50g
Added Sugar	3.00g
Protein	19.50g
Vitamin A 0.00mcg	Vitamin C 0.00mg
Calcium 110.50mg	Iron 2.00mg

Nutrition - Per 100g

No 100g Conversion Available