

Breakfast Burrito



Servings:	1.00	Category:	Entree
Serving Size:	0.00 Serving	HACCP Process:	Same Day Service
Meal Type:	Breakfast	Recipe ID:	R-10729
School:	Central Elementary School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
BURRITO SAUS/BN/EGG/CHS WGRAIN 96-3.5	1 Each	Cook from thawed state. Bake at 280 degrees for 10-15 minutes.	497510

Preparation Instructions

Cook from thawed state. Bake at 280 degrees for 10-15 minutes.

CCP: Heat to 135° F or higher.

Meal Components

Amount Per Serving

Meat/Meat Alternate	1.000
Grain	1.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 0.00 Serving

Amount Per Serving	
Calories	220.00
Fat	9.00g
Saturated Fat	4.00g
Trans Fat	0.00g
Cholesterol	40.00mg
Sodium	310.00mg
Carbohydrates	25.00g
Fiber	4.00g
Total Sugar	2.00g
Added Sugar	0.00g
Protein	10.00g
Vitamin A 500.00mcg	Vitamin C 15.00mg
Calcium 100.00mg	Iron 1.80mg

Nutrition - Per 100g

No 100g Conversion Available