

Lasagna Roll-Up



Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-11459
School:	Central Elementary School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
LASAGNA ROLL-UP WGRAIN	1 Each	Place 3 cups of canned sauce in the bottom of steam table pan. Place single layer (18 per pan) of frozen roll-ups in pan, cover with 5 cups of sauce. Cover pan with foil, bake 375 degrees for 45 minutes. Cook until internal temp is 165 degrees.	234041
SAUCE SPAGHETTI BF REDC FAT	4/9 Cup	KEEP FROZEN Place sealed bag in a steamer or in boiling water. Heat Approximately 45 minutes or until product reaches serving temperature. CAUTION: Open bag carefully to avoid being burned.	573201
CHEESE MOZZ 3 SHRD FTHR	1/9 Cup	Ready To Eat	780995

Preparation Instructions

Sauce- KEEP FROZEN Place sealed bag in a steamer or in boiling water.

Heat Approximately 45 minutes or until product reaches serving temperature. CAUTION: Open bag carefully to avoid being burned.

Place 3 cups of canned sauce in the bottom of steam table pan. Place single layer (18 per pan) of frozen roll-ups in pan, cover with 5 cups of sauce. Place 2 cups of mozzarella cheese on top of sauce. Cover pan with foil, bake 375 degrees for 45 minutes. Cook until internal temp is 165 degrees.

CCP: Heat to 165° F or higher for at least 15 seconds.

CCP: Hold for hot service at 135° F or higher.

Meal Components

Amount Per Serving

Meat/Meat Alternate	2.000
Grain	1.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving	
Calories	401.01
Fat	16.34g
Saturated Fat	8.11g
Trans Fat	0.48g
Cholesterol	57.12mg
Sodium	654.06mg
Carbohydrates	35.24g
Fiber	2.97g
Total Sugar	8.87g
Added Sugar	0.97g
Protein	24.46g
Vitamin A 712.95mcg	Vitamin C 15.19mg
Calcium 398.81mg	Iron 2.05mg

Nutrition - Per 100g

No 100g Conversion Available