

Jammer- LG



Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Lunch	Recipe ID:	R-9554
School:	Central Elementary School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
SAND SOY BTR JAM WGRAIN IW	1 Each	Thaw and serve.	661222

Preparation Instructions

Thaw and serve.

CCP: Hold for cold service at 41° F or lower.

Meal Components

Amount Per Serving

Meat/Meat Alternate	2.000
Grain	2.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving	
Calories	540.00
Fat	29.00g
Saturated Fat	6.00g
Trans Fat	0.00g
Cholesterol	0.00mg
Sodium	390.00mg
Carbohydrates	53.00g
Fiber	8.00g
Total Sugar	19.00g
Added Sugar	16.00g
Protein	18.00g
Vitamin A 0.00mcg	Vitamin C 0.00mg
Calcium 242.00mg	Iron 4.00mg

Nutrition - Per 100g

No 100g Conversion Available