

Baked Ham



Servings:	1.00	Category:	Entree
Serving Size:	2.00 Ounce	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-11216
School:	Central Elementary School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
HAM PIT SMKD W/A CARVNG	2 Ounce	FULLY COOKED, READY TO SLICE, HEAT & SERVE. Ham- Standard Prep: After slicing ham in 2 oz portion lay in hotel pan and heat in 350 F convection oven until it reaches 165 degrees.	117315

Preparation Instructions

FULLY COOKED, READY TO SLICE, HEAT & SERVE.

Ham-

Standard Prep: After slicing ham in 2 oz portion lay in hotel pan and heat in 350 F convection oven until it reaches 165 degrees.

CCP: Heat to 165° F or higher for at least 15 seconds.

CCP: Hold for hot service at 135° F or higher.

Meal Components

Amount Per Serving

Meat/Meat Alternate	2.000
Grain	0.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 2.00 Ounce

Amount Per Serving			
Calories	70.00		
Fat	3.00g		
Saturated Fat	1.00g		
Trans Fat	0.00g		
Cholesterol	30.00mg		
Sodium	620.00mg		
Carbohydrates	1.00g		
Fiber	0.00g		
Total Sugar	1.00g		
Added Sugar	1.00g		
Protein	9.00g		
Vitamin A	0.00mcg	Vitamin C	0.00mg
Calcium	0.00mg	Iron	0.40mg

Nutrition - Per 100g

Calories	123.46		
Fat	5.29g		
Saturated Fat	1.76g		
Trans Fat	0.00g		
Cholesterol	52.91mg		
Sodium	1093.49mg		
Carbohydrates	1.76g		
Fiber	0.00g		
Total Sugar	1.76g		
Added Sugar	1.76g		
Protein	15.87g		
Vitamin A	0.00mcg	Vitamin C	0.00mg
Calcium	0.00mg	Iron	0.71mg