

Banana Split



Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	No Cook
Meal Type:	Breakfast	Recipe ID:	R-12880

Ingredients

Description	Measurement	Prep Instructions	DistPart #
YOGURT VAN L/F PARFPR	1/2 Cup	READY_TO_EAT Ready to use with pouch & serving tip.	811500
BANANA GREEN	1/2 Each	Ready to eat	686503
PINEAPPLE TIDBITS IN JCE	1/8 Cup	Ready to eat	189979
CEREAL GRANOLA TSTD OAT	1 Ounce	READY_TO_EAT Ready to eat dry cereal packaged for cereal dispensers	711664
STRAWBERRY DCD 1/2IN IQF	1/8 Cup	READY_TO_EAT Ready to Eat	621420

Preparation Instructions

Yogurt

READY_TO_EAT

Ready to use with pouch & serving tip.

Banana

Ready to eat

Strawberries

Thaw in refrigerator

Ready to eat

Pineapples

Ready to eat

Granola

READY_TO_EAT

Container-

CCP: Hold for cold service at 41° F or lower.

Meal Components

Amount Per Serving

Meat/Meat Alternate	1.119
Grain	0.520
Fruit	0.260
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving	
Calories	216.83
Fat	3.29g
Saturated Fat	0.68g
Trans Fat	0.00g
Cholesterol	3.73mg
Sodium	109.70mg
Carbohydrates	53.40g
Fiber	2.72g
Total Sugar	24.05g
Added Sugar	16.33g
Protein	5.55g
Vitamin A 37.76mcg	Vitamin C 5.14mg
Calcium 139.10mg	Iron 0.80mg

Nutrition - Per 100g

No 100g Conversion Available