

# Chicken Roll



<b>Servings:</b>	1.00	<b>Category:</b>	Entree
<b>Serving Size:</b>	1.00 Each	<b>HACCP Process:</b>	Same Day Service
<b>Meal Type:</b>	Breakfast	<b>Recipe ID:</b>	R-17330

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIX BRST FLLT BRD WGRAIN CKD 2Z 4-5#	1 Each	Prep Frozen. Heating Instructions: Conventional Oven 14-16 minutes at 375 degrees F. Turn product after 6 minutes. Convection Oven: 13-15 minutes at 375 degrees F. Turn after 6 minutes. Fryer: 3 1/2 to 4 minutes at 350 degrees F.	747611
ROLL PRKRHSE PARBK	1 Each	OR BEST RESULTS USE CONVENTIONAL OVEN, PREHEATED TO 350 DEGREES F. BRUSH TOPS OF ROLLS WITH BUTTER OR CUSTOM TOPPING OF YOUR CHOICE. (SEE BELOW FOR SUGGESTIONS.) PLACE ROLLS ON BAKING SHEET ON MIDDLE RACK OF OVEN. BAKE 5 TO 10 MINUTES. (OPTION: 3-5 MINUTES IN CONVECTION OVEN.) FOR RECIPES, REFER TO WEBSITE: MARZETTI.COM/FOODSERVICE/PRODUCTS.PHP	494385

## Preparation Instructions

No Preparation Instructions available.

## Meal Components

Amount Per Serving

<b>Meat/Meat Alternate</b>	1.000
<b>Grain</b>	2.500
<b>Fruit</b>	0.000
<b>DarkGreen</b>	0.000
<b>Red/Orange</b>	0.000
<b>OtherVeg</b>	0.000
<b>Beans, Peas, and Lentils</b>	0.000
<b>Starchy</b>	0.000

## Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

<b>Amount Per Serving</b>			
<b>Calories</b>	280.00		
<b>Fat</b>	9.00g		
<b>Saturated Fat</b>	2.00g		
<b>Trans Fat</b>	0.00g		
<b>Cholesterol</b>	40.00mg		
<b>Sodium</b>	570.00mg		
<b>Carbohydrates</b>	35.00g		
<b>Fiber</b>	1.00g		
<b>Total Sugar</b>	6.00g		
<b>Added Sugar</b>	5.00g		
<b>Protein</b>	15.00g		
<b>Vitamin A</b>	0.00mcg	<b>Vitamin C</b>	0.00mg
<b>Calcium</b>	20.00mg	<b>Iron</b>	2.48mg

## Nutrition - Per 100g

No 100g Conversion Available