

Chicken Drumstick



Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-17406

Ingredients

Description	Measurement	Prep Instructions	DistPart #
CHIX THGH & DRMSTX BRD 8-4# GLDCRK	1 Piece	Cook approximately 25 minutes @ 375. Please note: cooking times may vary based on equipment.	994551

Preparation Instructions

Heat in oven.

CCP: Heat to 165° F or higher for at least 15 seconds.

CCP: Hold for hot service at 135° F or

Meal Components

Amount Per Serving

Meat/Meat Alternate	3.000
Grain	0.500
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving	
Calories	230.00
Fat	14.00g
Saturated Fat	3.50g
Trans Fat	0.00g
Cholesterol	75.00mg
Sodium	490.00mg
Carbohydrates	11.00g
Fiber	1.00g
Total Sugar	0.00g
Added Sugar	0.00g
Protein	16.00g
Vitamin A 0.00mcg	Vitamin C 0.00mg
Calcium 20.00mg	Iron 1.08mg

Nutrition - Per 100g

No 100g Conversion Available