

Baby Bakers



Servings:	1.00	Category:	Vegetable
Serving Size:	0.50 Serving	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-17407

Ingredients

Description	Measurement	Prep Instructions	DistPart #
POTATO BAKER BABY WHL	4 Ounce		697990

Preparation Instructions

CONVECTION OVEN: SPRAY BAKING PAN AND NONSTICK COOKING SPRAY. ARRANGE FROZEN POTATOES IN A SINGLE LAYER. BAKE AT 375°F FOR 13 MINUTES. STANDARD OVEN: SPRAY BAKING PAN WITH NONSTICK COOKING SPRAY. ARRANGE FROZEN POTATOES IN A SINGLE LAYER. BAKE AT 450°F FOR 25 MINUTES. MICROWAVE OVEN: PLACE 20Z OF FROZEN POTATOES IN MICROWAVE SAFE DISH, COVER, MICROWAVE ON HIGH, STIRRING HALFWAY THROUGH COOK TIME (1100 WATT). COOK FOR 10 MINUTES (2200 WATT). COOK FOR 4 MINUTES. DEEP FRYER: PREHEAT OIL TO 350°F. COOK FOR 5 MINUTES, SHAKING BASKET AFTER 1 MINUTE FOR EVEN COOKING. SEASON TO TASTE.

CCP: Heat to 135° F or higher.

CCP: Hold for hot service at 135° F or higher.

Meal Components

Amount Per Serving

Meat/Meat Alternate	0.000
Grain	0.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.610

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 0.50 Serving

Amount Per Serving	
Calories	121.58
Fat	2.43g
Saturated Fat	0.00g
Trans Fat	0.00g
Cholesterol	0.00mg
Sodium	218.84mg
Carbohydrates	20.67g
Fiber	1.22g
Total Sugar	0.00g
Added Sugar	0.00g
Protein	3.65g
Vitamin A 0.00mcg	Vitamin C 0.00mg
Calcium 12.16mg	Iron 0.97mg

Nutrition - Per 100g

No 100g Conversion Available