

Macaroni & Cheese Entree



Servings:	1.00	Category:	Entree
Serving Size:	6.00 Ounce	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-28975
School:	Central Elementary School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
ENTREE MACAR & CHS WGRAIN 6-5# JTM	6 Ounce	KEEP FROZEN Place sealed bag in a steamer or in boiling water. Heat approximately 45 minutes or until product reaches serving temperature. CAUTION: Open bag carefully to avoid being burned.	150731

Preparation Instructions

KEEP FROZEN Place sealed bag in a steamer or in boiling water.
Heat approximately 45 minutes or until product reaches serving temperature. CAUTION: Open bag carefully to avoid being burned.
CCP: Heat to 165° F or higher for at least 15 seconds.
CCP: Hold for hot service at 135° F or higher.

Meal Components

Amount Per Serving

Meat/Meat Alternate	2.000
Grain	1.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 6.00 Ounce

Amount Per Serving	
Calories	298.60
Fat	12.10g
Saturated Fat	6.70g
Trans Fat	0.01g
Cholesterol	36.00mg
Sodium	649.30mg
Carbohydrates	32.00g
Fiber	2.10g
Total Sugar	8.00g
Added Sugar	0.00g
Protein	15.30g
Vitamin A 0.00mcg	Vitamin C 0.00mg
Calcium 383.00mg	Iron 1.07mg

Nutrition - Per 100g

Calories	175.55
Fat	7.11g
Saturated Fat	3.94g
Trans Fat	0.01g
Cholesterol	21.16mg
Sodium	381.72mg
Carbohydrates	18.81g
Fiber	1.23g
Total Sugar	4.70g
Added Sugar	0.00g
Protein	8.99g
Vitamin A 0.00mcg	Vitamin C 0.00mg
Calcium 225.17mg	Iron 0.63mg