

Totchos



Servings:	1.00	Category:	Entree
Serving Size:	1.00 Each	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-28984

Ingredients

Description	Measurement	Prep Instructions	DistPart #
POTATO ROUNDS	1/2 Cup	FRY 1 LB AT360 DEGREES F FOR 1 MINUTE AND 45 SECONDS. OVEN RECONSTITUTION: CONVECTION: BAKE 1 LB AT 400 DEGREES F. FOR 10 MINUTES. CONVENTION: BAKE 1 LB AT 450 DEGREES F. FOR 15 MINUTES.	324167
CHILI BEEF W/BEAN	6 Ounce	KEEP FROZEN Place sealed bag in a steamer or in boiling water. Heat Approximately 30 minutes or until product reaches serving temperature. CAUTION: Open bag carefully to avoid being burned	344012

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CCP: Heat to 165° F or higher for at least 15 seconds.

CCP: Hold for hot service at 135° F or higher.

Meal Components

Amount Per Serving

Meat/Meat Alternate	2.000
Grain	0.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.380
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.500

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

Amount Per Serving	
Calories	369.77
Fat	15.81g
Saturated Fat	4.42g
Trans Fat	0.00g
Cholesterol	31.90mg
Sodium	676.71mg
Carbohydrates	42.10g
Fiber	6.78g
Total Sugar	5.15g
Added Sugar	0.00g
Protein	16.05g
Vitamin A 1288.51mcg	Vitamin C 19.55mg
Calcium 67.15mg	Iron 4.05mg

Nutrition - Per 100g

No 100g Conversion Available