

# Italian Side Salad



<b>Servings:</b>	1.00	<b>Category:</b>	Vegetable
<b>Serving Size:</b>	1.00 Each	<b>HACCP Process:</b>	Same Day Service
<b>Meal Type:</b>	Lunch	<b>Recipe ID:</b>	R-35631

## Ingredients

Description	Measurement	Prep Instructions	DistPart #
Lettuce CHL Romaine Chol 6/2 LB BG- Graves County Schools	1 Cup	READY_TO_EAT	15D44
CHEESE MOZZ SHRD	1 Ounce	READY_TO_EAT Preshredded. Use cold or melted.	645170
PEPPERONI SLCD 16/Z	3 Each	Ready to Eat	100240
OLIVE RIPE SLCD BLK SPAIN	3 Each	Ready to Eat	324531
PEPPERS BAN RING MILD	3 Each	Ready to Eat	466220
CROUTON CHS GARL WGRAIN	1 Package	READY_TO_EAT Ready to use.	661022

## Preparation Instructions

Ready to eat.

Container- 792220 or 146633

Place romaine lettuce bowl and top with remaining ingredients

CCP: Hold for cold service at 41° F or lower.

## Meal Components

Amount Per Serving

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<b>Meat/Meat Alternate</b>	1.000
<b>Grain</b>	0.000
<b>Fruit</b>	0.000
<b>DarkGreen</b>	0.500
<b>Red/Orange</b>	0.000
<b>OtherVeg</b>	0.130
<b>Beans, Peas, and Lentils</b>	0.000
<b>Starchy</b>	0.000

## Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Each

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<b>Amount Per Serving</b>	
<b>Calories</b>	121.51
<b>Fat</b>	6.35g
<b>Saturated Fat</b>	1.83g
<b>Trans Fat</b>	0.00g
<b>Cholesterol</b>	9.04mg
<b>Sodium</b>	323.08mg
<b>Carbohydrates</b>	10.96g
<b>Fiber</b>	1.01g
<b>Total Sugar</b>	1.81g
<b>Added Sugar</b>	1.00g
<b>Protein</b>	5.21g
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<b>Vitamin A</b> 4090.00mcg	<b>Vitamin C</b> 1.88mg
<b>Calcium</b> 75.96mg	<b>Iron</b> 1.69mg

## Nutrition - Per 100g

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**No 100g Conversion Available**

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