

Chicken Caesar Wrap

NO IMAGE

| | | | |
|----------------------|---------------------------|-----------------------|------------------|
| Servings: | 1.00 | Category: | Entree |
| Serving Size: | 1.00 Serving | HACCP Process: | Same Day Service |
| Meal Type: | Lunch | Recipe ID: | R-41762 |
| School: | Central Elementary School | | |

Ingredients

| Description | Measurement | Prep Instructions | DistPart # |
|--|--------------|---|------------|
| CHEESE PARM SHVD | 1/4 Ounce | Ready to eat. | 140560 |
| CHIX BRST TNRD BRD WGRAIN 4.5Z 8-4# | 2 Piece | Conventional Oven 20 min at 350 degrees F. Convection Oven 14 min at 350 degrees F | 202490 |
| TORTILLA FLOUR ULTRGR 8IN | 1 Each | Ready to eat. | 882700 |
| DRESSING CAESAR REGAL | 1 Tablespoon | READY_TO_EAT Open, pour and enjoy! | 726079 |

Preparation Instructions

Cook Chicken Strips
Place 2 strips on tortilla.
Top with .25 oz of parmesan cheese.
Top with with 1 tablespoon of caesar dressing.
Roll wrap and cut on the diagonal.

Meal Components

Amount Per Serving

| | |
|---------------------------------|-------|
| Meat/Meat Alternate | 1.333 |
| Grain | 2.167 |
| Fruit | 0.000 |
| DarkGreen | 0.000 |
| Red/Orange | 0.000 |
| OtherVeg | 0.000 |
| Beans, Peas, and Lentils | 0.000 |
| Starchy | 0.000 |

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 1.00 Serving

| Amount Per Serving | |
|----------------------------|---------------------------|
| Calories | 409.17 |
| Fat | 18.67g |
| Saturated Fat | 6.50g |
| Trans Fat | 0.00g |
| Cholesterol | 52.08mg |
| Sodium | 648.67mg |
| Carbohydrates | 39.83g |
| Fiber | 5.33g |
| Total Sugar | 2.00g |
| Added Sugar | 0.00g** |
| Protein | 22.42g |
| Vitamin A 0.00mcg** | Vitamin C 0.00mg** |
| Calcium 139.33mg | Iron 3.20mg |

**One or more nutritional components are missing from at least one item on this recipe.

Nutrition - Per 100g

No 100g Conversion Available