

Fajita Chicken Nachos



Servings:	1.00	Category:	Entree
Serving Size:	3.00 Ounce	HACCP Process:	Same Day Service
Meal Type:	Lunch	Recipe ID:	R-50898
School:	Central Elementary School		

Ingredients

Description	Measurement	Prep Instructions	DistPart #
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CHIX BRST STRP FAJT GRLLD

3 Ounce

BAKE

Appliances vary, adjust accordingly.

Conventional Oven

15 - 18 minutes at 400°F from frozen.

CONVECTION

Appliances vary, adjust accordingly.

Convection Oven

4 - 6 minutes at 400°F from frozen.

481858

MICROWAVE

Appliances vary, adjust accordingly.

Microwave

4 1

2 - 5 1

2 minutes on high setting from frozen.

UNPREPARED

Preparation Instructions

Bake the chicken at 375 degrees for 8-10 minutes or until 165 degrees. Mix pulled chicken with queso sauce and place in the warmer. The recipe from Parsley Marketing stated the recipe made 60 servings.

CCP: Heat to 165° F or higher for at least 15 seconds.

CCP: Hold for hot service at 135° F or higher.

Use a 3 oz. spoodle.

Meal Components

Amount Per Serving

Meat/Meat Alternate	0.000
Grain	0.000
Fruit	0.000
DarkGreen	0.000
Red/Orange	0.000
OtherVeg	0.000
Beans, Peas, and Lentils	0.000
Starchy	0.000

Nutrition Facts

Servings Per Recipe: 1.00

Serving Size: 3.00 Ounce

Amount Per Serving	
Calories	120.00
Fat	4.00g
Saturated Fat	1.00g
Trans Fat	0.00g
Cholesterol	60.00mg
Sodium	530.00mg
Carbohydrates	2.00g
Fiber	0.00g
Total Sugar	1.00g
Added Sugar	1.00g
Protein	19.00g
Vitamin A 0.00mcg	Vitamin C 0.00mg
Calcium 200.00mg	Iron 1.00mg

Nutrition - Per 100g

Calories	141.10		
Fat	4.70g		
Saturated Fat	1.18g		
Trans Fat	0.00g		
Cholesterol	70.55mg		
Sodium	623.17mg		
Carbohydrates	2.35g		
Fiber	0.00g		
Total Sugar	1.18g		
Added Sugar	1.18g		
Protein	22.34g		
Vitamin A	0.00mcg	Vitamin C	0.00mg
Calcium	235.16mg	Iron	1.18mg